

**PLEASE DON'T EAT, DRINK, SMOKE, OR CHEW GUM FOR A FULL 30 MINUTES BEFORE COLLECTING YOUR SAMPLE (i.e. spitting into the tube). DOING SO CAN INVALIDATE YOUR TEST.**

## THE FIRST THING YOU NEED TO DO IS REGISTER YOUR KIT.

Go to [secure.veritasgenetics.com/user/login](https://secure.veritasgenetics.com/user/login) to sign in to your Veritas account.

Be sure to use the same email/username and password you designated when we prompted you to create an account in your order confirmation email. If you haven't done that yet, please refer back to that email.

Once signed in, click on "Notifications" and enter the 11-digit alphanumeric collection kit ID# (see the sticker on the collection tube) and the current date in the fields provided.

### NOTIFICATIONS



#### myGenome (Standard)

We have just shipped a sample collection kit out to you to the address that was provided when this test was ordered. Before you send your saliva sample back to us, please register your test kit following the instructions provided with the sample collection kit, and add the date you're providing your specimen.

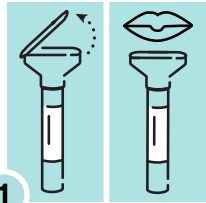
Collection Kit ID

Retype Sample / Collection Kit ID

Date

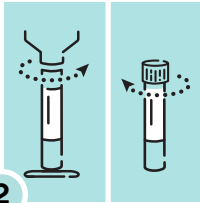
SUBMIT

**IMPORTANT: Your test CANNOT be processed if this registration step is not completed. It is how we match you to your sample.**



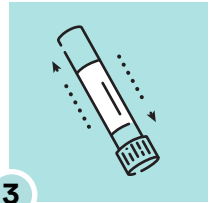
1

Open the funnel lid and spit into the tube until the amount of saliva reaches the fill line. Foam and bubbles don't count as saliva.



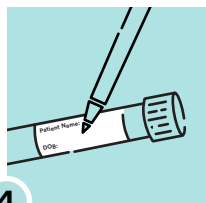
2

Remove and discard the funnel. Screw the provided LIGHT BLUE cap onto the tube until it's closed tightly.



3

Turn the capped tube upside down and shake vigorously for a few seconds to mix your saliva sample with the preservative in the tube.



4

Write your name and date of birth (i.e. Patient Name and DOB) in the space provided on the tube sticker.



5

Place the tube into the provided "Specimen Only/Biohazard" bag and seal it closed. Do not remove the pad inside the bag.



6

Discard the empty plastic container and place the sealed specimen bag in the sample return box. Be sure to seal the box securely before mailing.