

my Genome

by Veritas

Frequently Asked Questions

When will I get my myGenome report?

- Your myGenome report will take 12 to 16 weeks starting from the date our lab receives your sample and validates the order
- Your account portal allows you and your physician to check in on your report status to see where your sample is in the process
- Reports can be and normally are distributed to both the customer and the customer's authorizing physician or healthcare provider
- It is our normal practice to release a patient's report to their physician 72 hours before they get a copy as this time lag allows the doctor to discuss any sensitive findings with you before you see them, if they/you wish

What is the turnaround time for each test?

- The duration is 12 to 16 weeks for myGenome (Standard and Premium) tests
- The duration is 12 to 16 weeks for myGenome with Diagnostic Interpretation
- The duration is 2 to 3 weeks for myBRCA test
- The duration is 3 to 4 weeks for myBRCA HiRisk test

Can I get my raw data file?

- Yes, Veritas offers raw data in the form of a Variant Call File (VCF, a specific format of a text file used in bioinformatics for storing gene sequence variations) for certain tests
- The VCF costs \$99 and is available to be delivered 5 to 7 days after your report is produced. Pricing is subject to change.
- To receive this file, you must first
 - Sign and return an additional consent form
 - Pay an additional fee which can be paid for by credit card over the phone
- If you are interested in receiving your VCF, please call Customer Support

Why do I need a doctor to authorize the myGenome test?

- It is our policy that all tests require a physician to authorize the test, because:
 - A physician can help guide you to better understand and review your test results.
 - Your physician can assist you in making medical and lifestyle decisions based on your myGenome report
 - It is important for your doctor to be aware so he/she can help you make informed medical decisions for your future.
- If you don't have a physician, prefer not to involve your physician/healthcare provider, or if your provider is not responsive/willing to sign off, we offer access to third party physicians to streamline ordering and increase privacy, for an additional fee.

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What is the difference between myGenome Standard and myGenome Premium?

- **myGenome Standard:**
 - For anyone who wants to be proactive about their health
 - Insights on 80+ genes associated with 200+ conditions, including 20+ highly actionable conditions and 40+ carrier conditions
 - Expert curated information on 150+ drug sensitivities (aka Pharmacogenomics or PGx)
 - Information on 50+ traits and ancestry
 - NEW Veritas Risk Section on lower-impact genetic findings that contribute to 15 common diseases whose risk can be minimized proactively by lifestyle changes
 - Review of actionable medical findings with a genetic counselor
- **myGenome Premium:**
 - For anyone who wants to dive even deeper into their cancer and cardiovascular risks, and carrier conditions
 - Insights on 400+ genes associated with 20+ highly actionable conditions and 125 genes associated with 200+ carrier conditions
 - Plus all of myGenome Standard

Can I change my doctor?

- Yes, please call Customer Support to receive the proper form.

Am I eligible for genetic counseling?

- If you have a finding located in the red, “Very Important”, section of your report, you are eligible for a complementary 15-20 minute Genetic Counseling session
- If you have no red, “Very Important” findings, but would still like to receive genetic counseling, a 60 minute session is available for \$299.
- The genetic counselors will NOT review your raw data

What is myGenome with Diagnostic Interpretation?

- myGenome with Diagnostic Interpretation is a genetic test that utilizes whole genome sequencing (WGS) with diagnostic interpretation to help identify a condition suspected to have a genetic cause.
- Additionally, the test includes information on Drug Sensitivities (Pharmacogenomics) and, for adults, a full myGenome report.

Who is myGenome with Diagnostic Interpretation for?

- myGenome with Diagnostic Interpretation is for patients with a complex medical history or symptoms suggestive of a genetic condition, even if other genetic tests have shown a negative result.

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How do I order myGenome with Diagnostic Interpretation?

- myGenome Diagnostic orders must be initiated by a physician
- Please contact Customer Support for further information for you and your doctor

How do I upgrade from Standard to Premium?

- Please call Customer Support for assistance

Does myGenome test for specific genes?

- We do not test for specific variants
- We test for the most actionable genes put forth by the ACMG59. ACMG refers to a list of 59 genes deemed medically actionable by the American College of Medical Genetics and Genomics (Kalia, 2017 PMID 27854360).
- If you have a common variant in your genome, we will find it
- If you are searching for a specific gene or variant, consult with a Genetic Counselor before you purchase the test
- Please reference our resources page for the specific list of genes tested for in myGenome Standard and Premium: <https://www.veritasgenetics.com/mygenome/technical>

Does my data get deleted or is it saved by Veritas Genetics?

- Your data is encrypted in our cloud once the DNA sample has been sequenced
- We do not sell this information to 3rd parties without your consent

How does Veritas ensure my data is safe?

- Veritas adheres to US law for the Health Insurance Portability and Accountability Act (HIPAA) to protect confidentiality
- Veritas also adheres to European General Data Protection Regulation (GDPR), and is in the process to applying this protection for consumers in the US. This means, for example, that you are able to update data and contact consents you have provided when placing your order or subsequently.
- If you are ordering through the website, your report is only given to you and your primary care physician
- If you decide you want us to remove this information from our encrypted cloud, we have a form that we will ask you to sign to authorize Veritas to remove this record.
- It is Veritas Genetics' policy that genomic data, including VCF (variant call file) and BAM, be kept for 10 years for regulatory and legal archival purposes and no other use.
- If you request to have your data destroyed, it will NOT be used for research; however, it remains securely filed for 10 years as stated above.
- Be aware that you will not be eligible for any future updates in our services if you have requested to destroy your records.
- If you want to have your data removed from our system, please call Customer Support for assistance

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I am a physician, may I authorize my own test?

- No, you must have your own physician sign off on your test
- If you don't have a physician, prefer not to involve your physician/healthcare provider, or if your provider is not responsive/willing to sign off, we offer access to third party physicians to streamline ordering and increase privacy, for an additional fee
- Veritas also highly discourages customers from using relatives who are physicians for their test order